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Summary

With the onset of summer in the northern hemisphere, various locations popular with tourists and business travelers alike

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Many of the negative health effects attributable to extreme heat events are preventable and can be incorporated into an extreme-heat program that is typically cost-effective and feasible even in low resource settings. Some of the core components might include:

A written, publicly approved program plan;

Consistent messaging, information, and instructions via public broadcast, websites, email, and social media;

Formal check-in and buddy systems;

In-person assessments for vulnerable persons and groups;

Strategies and recommendations for staying cool at work;

Designated public cooling shelters

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